

*...we, who are many,
are one body in Christ,
and individually we are
members one of another.
We have gifts that differ
according to the grace
given to us...*

Romans 12: 5-6



The Cana Institute
Guiding Adults to Healthy Relationships

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Bridget Brennan, founder and president of The Cana Institute, holds Masters Degrees in both Human Relations and Religious Studies. She has more than twenty years experience as a Family Life Minister and is a Certified Family Life Educator. Bridget is also a Relationship Skills Master Coach and a member of the National Catholic Family Life Ministers (NACFLM). Along with her husband of more than 35 years, she frequently travels throughout the United States presenting retreats and workshops for married couples.

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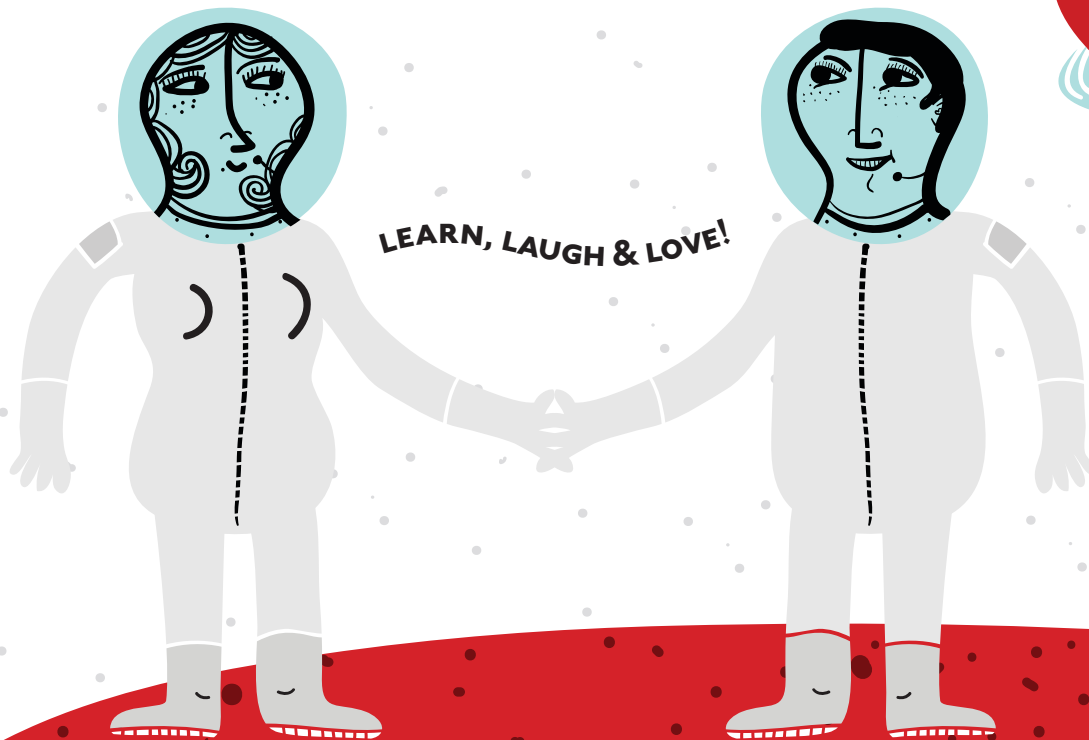


This class will outline basic personality traits that will help you appreciate and build on the differences in your relationship.

Each of us has a **set of gifts**, or mental tools, that we are very comfortable using in our everyday lives.

Learning to understand and **appreciate our differences** expands our world and helps to improve communication.

Recognizing our personality preference and that of our spouse allows us to accept and respect each other's individual perspective.



Join us for a fun and insightful evening of personality particulars to learn more about yourself, your spouse and what makes you tick.

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